1. Describe our typical note taking techniques in a few sentences. Do you try to write down as much of what the instructor says as possible? Do you tend to take only few notes? Do you often find you need more time to get things down?
2. Overall, how effective would you say your note taking techniques are?
3. In which classes do your techniques work best? Worst? Why?
4. Do your notes ever have “holes” in them—due to lapses of attention or times when you couldn’t get down everything you wanted to? When do you usually discover them? What do you do about them?
5. How might the process of taking notes help develop a deeper understanding of the material being discussed?